

∞InnerSwell∞

Manifesto/Artist Statement

∞InnerSwell∞ is an invitation and an offering.

∞InnerSwell∞ can only exist collectively and collaboratively.

Listening is active participation in ∞InnerSwell∞.

∞InnerSwell∞ is a meeting of people, an opportunity to share and communicate through sound.

Laima and Lexy are not ∞InnerSwell∞ alone; they offer a fertile dome for others to create and express themselves.

∞InnerSwell∞ is a safe and open space.

∞InnerSwell∞ uses sound as a tool to connect to memories.

∞InnerSwell∞ advocates music and sounds free from its structured forms.

A participant in ∞InnerSwell∞ does not need to have musical training.

∞InnerSwell∞ activities should always be flexible, accessible and inclusive.

∞InnerSwell∞ aims for a meditative state of inner peace through collective experiences of music, sound and the creative process.

∞InnerSwell∞ aims to break down the barriers between music, art and communities through collaborative processes in crafting and cultivating sound.

Underpinning the practice of ∞Innerswell∞ is the capabilities of sonic experiences to calm the mind and allow people to expand in time and space.